

## ¶ *A Form of Preparation*

*The following may be used for quiet reflection.*

### **The Comfortable Words**

Hear the words of comfort our Saviour Christ says to all who truly turn to him: Come to me, all who labour and are heavy laden, and I will give you rest.

*Matthew 11.28*

God so loved the world that he gave his only-begotten Son, that whoever believes in him should not perish but have eternal life.

*John 3.16*

Hear what Saint Paul says: This saying is true, and worthy of full acceptance, that Christ Jesus came into the world to save sinners.

*1 Timothy 1.15*

Hear what Saint John says: If anyone sins, we have an advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins.

*1 John 2.1,2*

Blessed are you, Lord God, creator of day and night:  
To you be praise and glory for ever.  
You renew your promise to reveal among us  
the light of your presence.  
By the light of Christ, your living Word,  
Dispel the darkness of our hearts  
That we may walk as children of light  
And sing your praise throughout the world.  
Blessed be God, Father, Son and Holy Spirit.

*Please wait quietly for the service to begin.*

✠ ***Indicates those points in the liturgy when the sign of the cross is traditionally made***

# ¶ **The Gathering**

## **Opening Hymn**

*During the hymn the ministers enter.*

*At festivals the altar is honoured with incense as the place of encounter with Christ in the bread and wine of Communion*

*The President says*

✠ In the name of the Father  
and of the Son, and of the Holy Spirit.  
**Amen.**

## **The Greeting**

*The President greets the people*

The Lord be with you  
**and also with you.**

*Words of welcome and introduction may be said.*

## **Prayer of Preparation**

*The Deacon leads the people in prayer*

**Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord. Amen.**

## Prayers of Penitence

*The Deacon says*

My brothers and sisters,  
as we prepare to celebrate the presence of Christ  
in word and sacrament,  
let us call to mind and confess our sins.

*Silence is kept.*

**Almighty God,  
our heavenly Father,  
we have sinned against you,  
through our own fault,  
in thought, and word, and deed,  
and in what we have left undone.  
We are heartily sorry,  
and repent of all our sins.  
For your Son our Lord Jesus Christ's sake,  
forgive us all that is past;  
and grant that we may serve you  
in newness of life  
to the glory of your name.  
Amen.**

*The President says*

Almighty God,  
who forgives all who truly repent,  
have mercy upon you  
✠ pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord.  
**Amen**

**Gloria in Excelsis**

*Music over the page*

*f*  
 Glo-ry to God in the  
 high - est, and peace to his peo-ple on earth, Lord God, hea-venly King, al -  
 migh - ty God and Fa-ther, we wor-ship you, we\_ give you thanks, we praise you for your  
*mp*  
 glo - ry. Lord Je-sus Christ, on - ly Son of the  
 Fa-ther, Lord God, Lamb of God, you take a - way the sin\_\_\_\_\_ of the  
*mf*  
 world,\_\_\_\_\_ have mer - cy on us. You are sea - ted at the right hand of the  
*(mp)*  
 Fa-ther, re - ceive our prayer.  
*f*  
 For you a-lone are the ho - ly one; you a-lone are the Lord.  
 You a lone are the most high Je - sus Christ, with the Ho - ly  
*ff*  
 Spi - rit. In the\_ glo - ry of God\_ the Fa-ther. A - - - men.

**ADDITIONAL PRAYERS FOR PERSONAL USE  
AT COMMUNION OR AT THE END OF THE SERVICE**

God of truth, we have seen with our eyes  
and touched with our hands the bread of life.  
Strengthen our faith  
that we may grow in love for you and for each other,  
through Jesus Christ our Lord.  
Amen.

Lord, take our hands and work with them.  
Take our lips and speak through them.  
Take our minds and think through them.  
Take our hearts, and set them on fire with your love.  
Amen.

Almighty God,  
by whose grace alone we are accepted  
and called to your service;  
strengthen us by your Holy Spirit  
and make us worthy of our calling,  
through Jesus Christ, your Son our Lord.  
Amen.

Christ has no body now but yours,  
No hands, no feet on earth but yours,  
Yours are the eyes with which he looks out  
with compassion on this world.  
Yours are the feet with which he walks to do good.  
Yours are the arms with which he blesses all the world.  
Yours are the hands, yours are the feet,  
You are his eyes, you are his body.  
Christ has no body now on earth, but yours.  
*Teresa of Avila (1515-1582)*

**The Collect**

*The President introduces a period of silent prayer  
The Collect is said, and all respond **Amen.***

*Please sit*

**¶ The Liturgy of the Word**

**Readings**

**FIRST READING**

*From the Hebrew Scriptures*

This is the word of the Lord  
**Thanks be to God.**

**PSALM (see notice sheet)**

*Please remain seated*

**SECOND READING**

*From the Christian Scriptures*

This is the word of the Lord  
**Thanks be to God.**

*Silence is kept*

*As the Acclamation is sung, we stand to welcome Christ in the Gospel,  
which is read from the middle of the congregation representing the Lord's  
presence among his people.*

## Gospel Acclamation

Cantor Full  
Al - le - lu - ia al - le - lu - ia. Al - le - lu - ia al - le - lu - ia.

5 Cantor Full  
Al - le - lu - ia al - le - lu - ia. Al - le - lu - ia al - le - lu - ia.

9 Cantor Full  
Al - le - lu - ia al - le - lu - ia. Al - le - lu - ia al - le - lu - ia.

*The Cantor sings the acclamation, then all repeat the Alleluia*

## Gospel Reading

*The Deacon says*

The Lord be with you  
**and also with you.**

Hear the gospel of our Lord Jesus Christ according to *N*  
✠ **Glory to you, O Lord.**

*At festivals the Gospel Book is honoured with incense  
before the Gospel is proclaimed*

*At the end:*

This is the gospel of the Lord.  
**Praise to you, O Christ.**

*Please sit*

## The Sermon

*Silence is kept*

*Please stand*

*The Deacon says*

Go in peace to love and serve the Lord.  
**In the name of Christ. Amen.**

*Please remain standing as the ministers depart.*

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## Prayer after Communion

*Please kneel or sit*

*The Post Communion prayer is said by the president,  
to which all respond **Amen***

**Almighty God, we thank you for feeding us  
with the body and blood of your Son Jesus Christ.  
Through him we offer you our souls and bodies  
to be a living sacrifice.  
Send us out  
in the power of your Spirit  
to live and work to your praise and glory.  
Amen.**

## Notices & Banns

## Hymn

*Please remain standing*

## ¶ *The Dismissal*

*The President says*

The Lord be with you  
**and also with you.**

The peace of God which passes all understanding,  
keep your hearts and minds  
in the knowledge and love of God,  
and of his Son Jesus Christ our Lord;  
and the blessing of God almighty,  
✠ the Father, the Son and the Holy Spirit,  
be among you and remain with you always.  
**Amen.**

## The Creed

*The Deacon leads the people saying*

**We believe in one God,  
the Father, the almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God, begotten, not made,  
of one Being with the Father;  
through him all things were made.**

**For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is worshipped and glorified,  
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead  
✠ and the life of the world to come. **Amen.****

## Prayers of Intercession

*The Deacon says*

In the power of the Spirit, and in union with Christ  
let us pray to the Father.

*Please kneel or sit*

*The Prayers are led from the middle of the congregation.*

*After each bidding, this response, or another may be used*

Lord, in your mercy **hear our prayer.**

*At the end, the President says*

Almighty God, you have promised to hear the prayers  
of those who ask in your Son's name;  
we pray that what we have asked faithfully,  
we may obtain effectually;  
through Jesus Christ our Lord. **Amen.**

## ¶ The Liturgy of the Sacrament

### The Peace

*The President says*

We are the body of Christ.  
In the one Spirit we were all baptized into one body.  
Let us then pursue all that makes for peace  
and builds up our common life.

The peace of the Lord be always with you,  
**and also with you.**

Let us offer one another a sign of peace.

*The Deacon says*

Let us offer one another a sign of peace.

*Here members of the congregation exchange a sign of peace,*

## Breaking of the Bread

*The President says*

We break this bread to share in the body of Christ.  
**Though we are many, we are one body,  
because we all share in one bread.**

## Agnus Dei



Lamb of God, you take a - way the sin\_\_\_\_\_ of the world,\_\_\_\_\_ have mer -



- cy on us.



Lamb of God, you take a - way the sin\_\_\_\_\_ of the world,\_\_\_\_\_ grant\_\_\_ us peace.

*Silence is kept.*

## Giving of Communion

*The President says*

God's holy gifts for God's holy people.  
**Jesus Christ is holy, Jesus Christ is Lord,  
to the glory of God the Father.**

*The President and people receive communion. Please follow the direction of the Sidesmen. If you do not usually receive Communion, please come forward for a Blessing, keeping your hands by your side.*

*Please sit quietly as others are receiving Communion.*

*Devotional prayers for individual use after Communion can be found on page 16*

Send the Holy Spirit on your people  
 and gather into one in your kingdom  
 all who share this one bread and one cup,  
 so that we, in the company of Blessed Mary, Alban  
 and all the saints,  
 may praise and glorify you for ever  
 through Jesus Christ our Lord;

*The President sings*

by whom, and with whom, and in whom,  
 in the unity of the Holy Spirit, all honour and glory be yours  
 ✠ almighty Father, for ever and ever.

*All sing*



*Please sit or kneel  
 Silence is kept*

### The Lord's Prayer

*The Deacon says*

Let us pray with confidence  
 as our Saviour has taught us:  
**Our Father, who art in heaven,  
 hallowed be thy name;  
 thy kingdom come; thy will be done;  
 on earth as it is in heaven.  
 Give us this day our daily bread.  
 And forgive us our trespasses,  
 as we forgive those who trespass against us.  
 And lead us not into temptation;  
 but deliver us from evil.  
 For thine is the kingdom,  
 the power and the glory,  
 for ever and ever. Amen.**

### Hymn

*At festivals, the altar is honoured with incense as before. The bread and wine are censed, then the ministers and the people, acknowledging that in the Eucharist we encounter Christ in bread and wine, and in one another.*

*The President says*

God of life, Saviour of the poor,  
 receive with this money gratitude for your goodness,  
 penitence for our pride and dedication to your service  
 in Jesus Christ our Lord. **Amen.**

Blessed are you, Lord, God of all creation:  
 through your goodness we have this bread to set before you,  
 which earth has given and human hands have made.  
 It will become for us the bread of life.

**Blessed be God forever!**

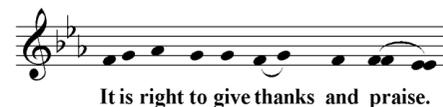
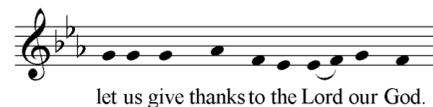
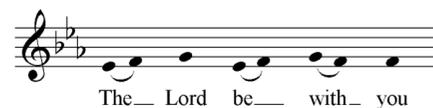
Blessed are you, Lord, God of all creation:  
 through your goodness we have this wine to set before you,  
 fruit of the vine and work of human hands.  
 It will become our spiritual drink.

**Blessed be God forever!**

*If you are able, please remain standing throughout the Eucharistic Prayer*

### The Eucharistic Prayer

*The President says or sings*



Father we give you thanks and praise  
through your beloved Son Jesus Christ, your living Word,  
through whom you have created all things;  
who was sent by you in your great goodness to be our Saviour.

By the power of the Holy Spirit he took flesh  
as your Son, born of the blessed Virgin,  
he lived on earth and went about among us;  
he opened wide his arms for us on the cross;  
he put an end to death by dying for us;  
and revealed the resurrection by rising to new life;  
so he fulfilled your will and won for you a holy people.

*When appropriate, a short preface may be added here.*

Therefore with angels and archangels,  
and with all the company of heaven,  
we proclaim your great and glorious name,  
for ever praising you and *singing*:

Ho - ly, ho - ly, ho - ly Lord, God of  
7  
pow'r and might. Hea - ven and earth are full of your glo -  
14  
ry. Ho - san - na in the high -  
21  
est. Bless - ed is he who comes in the name of the  
29  
Lord. Ho - san - na in the high - est.

Lord, you are holy indeed, the source of all holiness;  
grant that by the power of your Holy Spirit,  
and according to your holy will, these gifts of bread and wine  
may be to us the body and blood of our Lord Jesus Christ;  
who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.  
In the same way, after supper he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you; this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.

*The Deacon or Cantor sings*

*Cantor*  
Great is the mys - te - ry of faith.

*Voices in unison*  
*p* *mf* *f*  
Christ has died; Christ is ri - sen; Christ will come a - gain.

*The President says*

And so, Father calling to mind his death on the cross,  
his perfect sacrifice made once for the sins of the whole world;  
rejoicing in his mighty resurrection and glorious ascension,  
and looking for his coming in glory,  
we celebrate this memorial of our redemption.  
As we offer you this our sacrifice of praise and thanksgiving,  
we bring before you this bread and this cup  
and we thank you for counting us worthy  
to stand in your presence and serve you.